

# HIGHLAND HERALD



A Publication of the Highlands Community Club and ELS  
**MAY 2008**

## THE WRENS OF 2007

By Jack Sim

Only a few days after I put the bird-house up in April we saw a wren looking it over. Unlike the chickadees who work together to build their nest, the male wren builds the nest, then female checks it. If she likes it, she stays.



The tiny male makes his nest mostly of twigs, some as long as 3 inches. The twig is crosswise when he lands, but a turn of his head sticks it neatly in the hole. He pushes and pulls and ends up with a round nest about a inch and a half deep, as far from the hole as possible to protect the young birds from predators. The final touch is a twig ladder towards the hole for the young birds to use when they eventually exit.

The only predators we saw were sparrows. These birds were too big to get into the tiny hole they but constantly harassed the wren family by hanging around. Unlike the chickadee male, whose job is over when the nest is built, the male wren was **(cont. to pg. 2)**

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## MAY ACTIVITIES

- May 5 Cinco de Mayo Party
- May 10 Pancake Breakfast 7:30-9 AM
- May 13 Manager's Meeting, 9 AM
- May 18 May Birthday Party 4 PM
- May 26 **NO Ladies Luncheon**

We are also invited to all of the following activities at the Hacienda. See more about these events on  page 4: 

## HACIENDA ACTIVITIES

- May 2 Movie Night, Autumn Rush
- May 10 Mother's Day Dinner, 5 PM
- May 16 Country Western Dance
- May 17 Pancake Breakfast, 9—11 AM
- May 20 Karaoke Night, 6 PM



**BRENTWOOD**

Mon. – Sat. 9 AM to 5 PM  
Sun. 10 AM to 4 PM

## FROM THE PREZ:

It looks more like a ghost town every day with our friends leaving for the summer. Soon, there's just going to be us summer birds left. I think that's what they call us. Anyway there will be business as usual around here. Some residents are working on the Cinco De Mayo party on May 5 (duh). That sounds fun and you will get more info on this. They finally moved out the houses on the outside corner near me (#55-56-57-58-84). It looks like a war zone, but they still have to clean it up. I don't have much to say this month so let's just talk on the street or at the pool, or wherever we meet. Stay cool and make sure your air conditioner is working; it won't be long for old man summer is knocking on your door. So long till next time.

Chuck Heit, HCC President



## HCC COPIER

The HCC copier will be **out of service until the fall** when the weather cools off. When the temperature is 90 or higher outside, it can be upwards of 100 degrees in our non-air conditioned storeroom where the copier is now kept. This amount of heat could be harmful to the copier. We apologize for any inconvenience this may cause you. If you have any questions, please call us at 990-1152. Mel and Ricki Hornstein



## DIRECTORY CORRECTIONS

If you have any additions or corrections, please contact Helen Whitworth by email: [Helen@whitworth2.com](mailto:Helen@whitworth2.com), or notify Gloria Hillard, #38, Phone: 733-0301

## Wrens, cont. from pg. 1

always nearby, usually singing at the top of his voice. Even when we couldn't see him, he would show up instantly when a sparrow appeared and dive bomb the intruder, not stopping until the sparrow disappeared. Wrens eat only insects, but once we saw a male wren attack a chipmunk that was filling his cheeks with seed from our bird-feeder. The fat-cheeked thief must have been too close to the wren's home.

Sixteen days after the wrens arrived, we saw the first egg, then another each morning until there were five. Sixteen days after it appeared, the first egg hatched. Then, the rest of the eggs hatched in the same sequence that they appeared. Once we saw both the male and the female in the nest at one time feeding the birds, but usually only the female was there. When the baby wrens were fully developed, they prepared to fly out of the house by flying in the tiny 4" square by 7" tall house. They flew right up to the camera lens. Eighteen days after the first hatching, three of the baby birds flew out of the house. We watched the last one leave the next morning.



Immediately, a new male wren was in the house, working like a keystone cop to clear out old nest and build a new one. Only 6 days after the nest had been vacated by the first family, the new female laid her first egg of six. One day, after these baby birds were all hatched, we accidentally left our door open about 4 inches, allowing the chirping of the young birds on our camera monitor to be heard outside. One of the adult wrens flew into the porch searching for the baby wrens. We muted the TV and used a broom to help the bird find its way back outside. From then on, we left TV on mute except when we were recording. We watched last baby bird fly away on July 28th.

## FROM THE MANAGER

I hit the lottery and retired!!



SORRY! JUST A BURST OF WISHFUL THINKING.—  
(and some photo magic from Helen.)

Thanks to all of you for keeping our yards and patios clean. Please remember that this is a 55+ active adult community. This means that there are residents who walk, ride bikes and drive golf carts throughout the community; therefore, we would appreciate it if all residents would drive safely. THE SPEED LIMIT IS 15 MPH AND THERE IS A STOP SIGN AT THE MAIN ENTERANCE NEAR THE CLUBHOUSE.

What's your heart age? Find out at the next manager's meeting on May 13th. We will have two great speakers.

Summer is here so check your AC filter once a month. It will save on your electric bill.

Carolyn Campbell, Manager



## FROM ELIZABETH

Do you know that your rent is due on the first of the month and you have a five day grace period? All checks should be made payable to THE HIGHLANDS AT BRENTWOOD (not Elizabeth!). Do not bring a post dated rent check to the office. We cannot accept it.

Attention all owners: If you plan to sell your home, remember that the buyer must be approved by the office. They must fill out an application and have their criminal and credit background check before the office will approve them.

Elizabeth Gillespie, Admin. Assistant

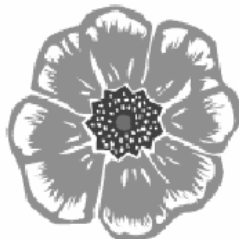


Many of our golfers left early this year, hence we had a smaller than usual number for the Turner Cup. However, we had an interesting tournament with the husband and wife team of Jack and Barb Newkirk taking home first in their divisions. This is a first for the Turner Cup. Congratulations to Barb and Jack. Other finishers were as follows:

**Men:** 2<sup>nd</sup> Bill Eshelman, 3<sup>rd</sup> Jim Gale, 4<sup>th</sup> Jack Sim. **Ladies:** 2<sup>nd</sup> Glenice Schmidt, 3<sup>rd</sup> Shirley Leppink, 4<sup>th</sup> Geri Madden. **Consolation rounds: Ladies:** Joan Schaible. **Men's:** 1<sup>st</sup> Fred Schmidt, 2<sup>nd</sup> Rick Jones. **Mens 2<sup>nd</sup> Consolation round:** Fred T. Smith

Sharon Eckert has agreed to be our golf social director. Her first "solo" job, without her mentors, Marion Hargreaves and Polly Wenbourne was our Turner Cup banquet. She did well and sends a special thank you to her many helpers: Barb Newkirk, Jan McDaniel, Ted Krzysiofiak, Shirley Leppink, Dorothy Gale, Betty Olson, Glenice Schmidt, Jim Gale, Gail Anshutz, Joan Schaible, Barb Morrissey, Dudley Jans, Bruce Williams, Jim Anshutz and Gator Hill.

Golf continues to be played every Monday, Wednesday and Friday at 9 AM. The ladies are still playing on Thursday mornings at 9 AM but all other golf activities are on hiatus until fall.




## REMEMBRANCE

## MEMORIAL DAY

We have many veterans in our community. Let's thank them for their service by buying and wearing a poppy on Memorial Day. The poppies are made by disabled veterans and the funds go to support veterans in a variety of ways.

## ELS ACTIVITIES DIRECTOR

Barb DeMith has been the social director for Hacienda for a year. Now she is also the social director for the Meadows and our community here at the Highlands. Her vision is that the three communities will work together to provide the best entertainment possible for all three communities. She can often provide busing between our communities, to events at the larger ELS resorts of Viewpoint and Monte Vista, and even to outside events such as the fair or an overnight trip to Laughlin. All it takes is interest on our part! As with our own events, the costs are always low, just enough to cover expenses.

On your calendar, look for a  when events are available at the Hacienda, then check this page to learn more. If you are interested in any of these events, look for a signup sheet in the clubhouse hall. If you don't find one, you can sign up at the office.

Look for Barb to show up at various events here. She wants to meet us and find out what we want to do...and what we don't want to do. She is quite open to suggestions and welcomes calls. Call her at 480-832-6081 with any ideas you might have.

## ACTIVITIES AT HIGHLANDS

**Regular Events** as noted on the front page.

**Cinco de Mayo Party. May 5.** Look for posters and signs!

### JUNE PREVIEW

- June 10 Manager's Meeting, 9 AM
- June 14 Pancake Breakfast 7:30-9 AM
- June 22 June Birthday Party 4 PM
- June 23 Ladies Luncheon 12:30 PM



## ACTIVITIES AT THE HACIENDA

We are invited to the following regular and special events. Snacks and non-alcoholic drinks are provided for most events. You are always invited to BYOB.

### Regular Events:

**Twice monthly movie nights**, with movies that seniors enjoy. **May 2nd**, at 6 PM, they will be a special showing of Autumn Rush. **May 30**: Unsinkable Molly Brown. Cost: Free!

**Monthly Karaoke.** They have a karaoke machine. Remember how much fun we had on our karaoke nights a while back? Now we have a chance to do so again. The next one is on **May 20**, from 6 to 8 PM. Let's go! Cost: Free!


**Monthly Ice Cream Social.** The next one is **May 24** at Cost: \$5

### Special Events.

**Mother's Day Dinner** with chicken breast and all the fixins.. **May 11th.** Happy hour at 4 PM and dinner at 5 PM. There is a limit of 75 people for this event so get your reservation in early! Cost: \$6 each.

**Country Western Dance** with Tom Chestnut, May 16, 4-9PM. See fliers. Cost \$5.50

**Pancake Breakfast**, May 17, 9-11AM. Cost \$4

Hacienda event dates shown by a  on the calendar.



## COMMUNITY ASSISTANCE PROGRAM



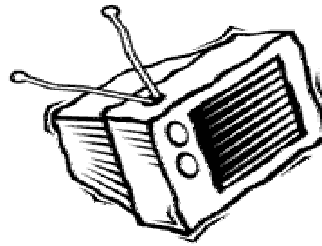
*Sometimes we need a little help to get over a rough stretch of trail—or life.*

An article in the April 2008 Herald explained the beginning of our Highlands Community Assistance Program. We are pleased to tell you that it is now well established and we have the limited financial capability of rendering a helping hand to any neighbor in the community who needs a little assistance.

In our original letter, we stated that we established the program with one thought in mind...helping neighbors. We have the system set up to deliver assistance discreetly, but we need help from you, as residents and neighbors here in Brentwood, to find those in need. If you know of someone in a little difficulty, please confidentially contact a board member listed below and we will take it from there.

Board representatives who prudently work with this program are: Pete Peters (218-5924), Phil Henault (474-4261) and Connie Tusa (325-4831). Your call or contact will be kept confidential and the members will attempt to quietly render the required assistance. We will continue to use various programs to fund this important project. Of course, we also accept donations from individuals. If you would like to contribute, just contact any one of the above board members.

It's your community. Everyone here is your neighbor. Working together we can make this endeavor a success.



## DIGITAL TV BROADCASTING

At midnight on February 17, 2009, all full-power television stations in the US will stop broadcasting in analog and switch to 100% digital broadcasting. Digital broadcasting promises to provide a clearer picture and more programming options, and will also free up airwaves for use by emergency responders.

If you receive television programs over-the-air using "rabbit ears" or a rooftop antenna, you must take action to continue using your analog TVs after February 17, 2009. You can:

1. Keep your existing analog TV and purchase a TV converter box. A converter box plugs into your TV and will keep it working after February 17. A coupon program is available for those needing a converter box. By calling 1-888-388-2009 or at [www.dtv2009.gov](http://www.dtv2009.gov), a household can receive up to two \$40 coupons for converter boxes.

*(These coupons expire in 90 days so don't order them until you are ready to use them! A list of eligible converter boxes can be found on the above website. Betty Olson researched and found that they cost about \$40.00 each. )*

2. Connect to cable, satellite or other pay service. If you already subscribe to a service, you do not need a converter box. This is true no matter how you connect to the pay service. You do NOT have to have a special cable box.

3. Purchase a television with a digital tuner. Check your present television. Even some of the older ones will have such tuners.

For more information, contact the above phone number or web site.



## THE KEY TO OUR LOCKS

Here's the nitty-gritty about the locks on our common buildings and gates.

The clubhouse, exercise room and laundry are locked from 10 PM to 6 AM. The billiards room will be locked except when in use until a security camera is installed. The shuffleboard shed is also always locked. You can get a key from the office. Please return within 24 hrs.

The locks are to protect the equipment, NOT to keep residents from using it! Feel free to ask for a key anytime you want to use these facilities. You are welcome to share them with friends or family. Of course, a resident must always be present when they are in use.

Our gates are locked 24 hours a day during the week. On weekends, with no office staff, the gates are open for sales from 8am to 5pm. We each have a free key code and we can get a remote from the office for a \$30 returnable deposit.

Please tell visitors to look up your name in the gate box and call to be let in. As a part of our security, the office staff will refer all visitors to your name in the gate box. If you are not home to answer the phone, they will not be able to open the gate. The alternative is to give trusted visitors your key code. This should be done with care and limited to only those who really need it.

Pedestrians can get a gate card for the small gate for a \$15 security deposit. Your car remote works from inside the gate if you aim it AT THE BOX. Or, of course you can wait until a car opens one of the gates for you.

## LEWY BODY DEMENTIA

In 2003, Jim Whitworth lost his wife of 40 years to Lewy body dementia, a disease very few physicians recognized. Determined that other families shouldn't have to face what his did, he and four other caregivers started the Lewy Body Dementia Association. The LBDA is now 5 years old with several paid employees and an active volunteer base. More importantly, most physicians now know enough about Lewy Body Dementia that they are very careful with medications for people who might have LBD.

In March, the topic for the Ladies Luncheon was Lewy body dementia. This is a subject a little closer to home than most of us Seniors like to think about. Nevertheless, the Lewy body dementias (LBD) are the second most common dementias after Alzheimer's (AD) and it pays to know at least a little about them. They can be much worse if not treated properly. LBD is often mistaken for AD, but there are important differences. Here are a few:

- A) People with LBD cannot tolerate some medications that most people with AD can handle well. Therefore, getting the proper diagnosis becomes quite important.
- B) Hallucinations, illusions and delusions are much more common with LBD than with other dementias like Alzheimer's disease.
- C) With LBD, a person's awareness fluctuates from alertness to confusion and back again. If not diagnosed properly, they can be accused of faking, or their caregiver accused of poor care.

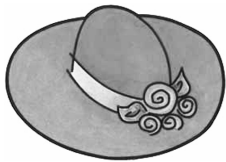
For more information, contact Jim Whitworth at 981-1117 or [jim\\_whitworth@yahoo.com](mailto:jim_whitworth@yahoo.com)



# Come & Get It!

## TGIF

Where else can you get dinner for \$3.00? Come to the clubhouse every Friday evening at 5:30 to share a meal with friends and neighbors. The main entrée is supplied and everyone brings a side dish or dessert to share. The entrée varies each week and can be anything from chicken to spare ribs to stew to spaghetti, etc. If you haven't already come down for this weekly meal, give it a try. I guarantee you won't be disappointed. Sign up on the sheet is posted at the clubhouse each week and come!



## RED HAT LADIES

The Classy Lassies are going to Grandma's Kitchen in May 11th at 12:15 PM. Check the bulletin board in the clubhouse for details.

## LADIES LUNCHEON

In March, your editors took their show to the ladies. We've developed a program about Lewy body dementia for nurses that has just been accredited but we took a less medical version to the show the ladies. We had a very good reception and I hope everyone felt they learned at least a bit.

In April, another resident, Trish Buckner, brought an art show, Image Creations of Nature by her artist friend, Fernando Sandoval. **There will be no Ladies Luncheon in May, due to Memorial Day.**

The Ladies' Luncheon usually meets every fourth Monday of the month. Plan to come and bring a salad or desert for six, and dollar good will donation.



## PANCAKE BREAKFAST

This popular event is on May 10, from 7:30 to 9:00 AM. The cost is just \$4 per person for a filling breakfast. Be sure to sign up so we'll know how many to serve.

## VOLUNTEER RECOGNITION



There's a man in our community who is always there with a good word and a smile, always helping, no matter what the job. He cooks; he cleans, he's there for bingo; he MCs the Saturday morning coffee if no one else is around. He always buys the raffle tickets and he often wins! (He says that's the way he keeps his hair cut!) We are ALL Richer for having Don Richer in our community! Not only does Don help out community events. Don is also Johnny-on-the-spot when it comes to helping individual residents. He keeps a variety of handicap supplies like canes, walkers and wheelchairs so those of us who need such items for short periods of time don't have to buy or rent them. He runs an on-call taxi service between here and the airport that many of us have been grateful to use. He...well, I could keep going on and on, but Don is also modest and doesn't brag about what he does. He just does it. Thank you, Don, for being our neighbor.

## EXERCISES

**Weights:** Monday, Wednesday, Friday.  
7:45 - 8 AM with Mary O'Connor.

**Chair Exercises:** Monday, Wednesday,  
Friday, 8 - 8:30 AM.

**Ladies Pool Exercises:** Every week-  
day. 9 AM with Martha Nicholson

Come on down and join the fun! Con-  
tact Martha at 854-0110 for more info.

## TOPS

The Highland's Chapter of TOPS is on  
hiatus for the summer.

## SHUFFLE BOARD

Shuffle board is on hiatus for the sum-  
mer.

## BINGO

Every Thursday, at 6:30 PM, we have a  
fun-filled evening of Bingo in the club-  
house, with CASH prizes and yummy  
treats during the break. Come down  
and give it a try, while you enjoy an  
evening with your friends and  
neighbors.

## OUR NEIGHBORS' NEWS

Sue Rhodes writes that that Mickey's  
chest, liver and kidneys are clear. There  
is a mass in his lower abdomen but they  
aren't concerned about it at this time.  
She said he is feeling good and looking  
forward to the opening of golf season on  
April 17.

Betty Anderson and Don Richer want to  
thank all the people who helped with  
the Memorial services for George Kolb.  
This includes Dutch Hurrish, Joan  
Schaible, Carolyn Johnson and many  
others too numerous to mention.

*(If you want to share news of your sum-  
mer activities, or have announcements  
we've started this new column just for  
you!)*



## CARD NOTES



If you like to play cards, you have sev-  
eral opportunities during the week to  
meet with other card players at the  
clubhouse. Sign up ahead of time and  
come play:

**Men's Bridge:** Monday, Wednesday &  
Fridays at 12:30 PM (Call Ralph Wilson ,  
830-0763 if interested.

**Cribbage:** Monday at 7 PM

**500:** Wednesday at 7 PM

**Women's Bridge:** Friday at 1 PM

**Pinochle:** Call Cel Fodor at 830-5571 if  
you are interested.

## CRAFTS

**Ceramics:** We meet every Tuesday af-  
ternoon at 1 PM to do ceramics in the  
craft room. It's a fun way to be crea-  
tive. Visitors are always welcome.  
Contact: Marge Jankowski, 694-2151.

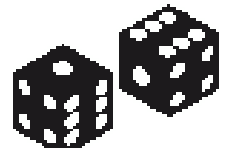
**Carving:** We are on hiatus for the  
summer.

**Quilting:** We are on hiatus for the  
summer. Contact: Joyce, 832-6530.

**Chorus:** We are on hiatus for the sum-  
mer. We have a Gospel songfest  
planned for fall. New singers - and wan-  
nabe singers—always welcome! Con-  
tact: Barb Peters, 218-5924.



## BUNKO



April results:

1st round had 3 bunkos on the FIRST  
ROLL! Most Bunkos: Pat Maki. **Most  
wins:** Barb Feit. **Second most wins:**  
Marge Jankowski. **Least wins:** Adel  
Genow. We had 12 players and hope to  
have at least that many again when we  
play on Wed May 21st at 6:30PM - sign  
up sheet will be up on May 14th. It  
costs just \$2 to play and all fees are  
returned to the players.



## OUR HCC PRESIDENT

Chuck Heit isn't shy, he just doesn't like being in the public eye. You won't see him standing on the stage at Saturday morning coffees or hear him making speeches. He took the job of Highlands Community Club President with the understanding that he wouldn't have to do such things. But he's busy behind the scenes.

He instigated the Community Chest Program (see page 5). He saw a need for a change in the entrance to the RV storage area and collected signatures for this. He has developed a good relation with ELS personnel. Chuck says they hear from him several times a month, when he passes on a concern in our community. He welcomes calls from residents about concerns they might have.

Chuck, his wife, Kathy and their two sons moved to Arizona eight years ago. After many years as the Public Works Operations Manager of a small town in rainy Washington, Chuck got tired of missing holidays because he had to work. After a vacation in our sunny state, he put in his notice and Kathy transferred here from the Bank of America in Seattle. She is now manager of the Greenfield and Broadway branch. Chuck found a job with Insurance Auto Auctions. Three years ago, when Chuck retired, they moved from Gilbert to our community. (cont. to next column)

Chuck and Kathy's sons are both grown and living nearby. Besides enjoying his one granddaughter, Chuck says he loves to cook, and of course, to eat. He and Kathy like going camping and fishing. Chuck also like doing woodworking. His most ambitious project was a cabinet he made for Mary Shaw's home, but mostly he makes cutting boards and gives them away.

Thank you Chuck, for being willing to take a job no one else wanted. We appreciate your good work.



## YOU KNOW YOU ARE

### ***IN ARIZONA WHEN:***

*You think someone driving while wearing oven mitts is clever.*

*You think six tons of crushed rock makes a beautiful yard.*

*You know a swamp cooler is not a happy hour drink and valley fever isn't a disco dance.*

*People break out coats when the temperature drops below 70.*

*People will drive over 100 miles just to see snow.*

*You can (correctly) pronounce the words: "Ajo," "Saguaro," "Tempe," "Gila Bend," "San Xavier," and "Cholla."*

*You realize that asphalt has a liquid state.*

### ***IN THE HIGHLANDS AT BRENTWOOD WHEN:***

*There are more rabbits than golfers on the golf course.*

*(You submit more suggestions, and we'll print the best ones!)*

## EDITOR'S NOTES



This is the last full issue of the Herald until fall. This summer, we will be publishing a barebones issue—no interviews, no volunteer recognition, very little clipart, jokes or other filler. However we have added one column called "Our Neighbor's News" (pg. 8) that we will continue to publish if there is interest. For submissions for this column or any other item for the newsletter, please either email us or bring your submissions to Gloria Hillard, #38. Gloria has kindly agreed to send your submissions on to us via email. (Another lady also volunteered, but your editor misplaced the note with her name on it. If this person would email us, we'd really appreciate it!)

Jim and Helen Whitworth:

Space 19, Phone: 480-1117  
Email: helen@whitworth2.com

### **Summer Contact:**

Gloria Hillard, #38  
Phone: 733-0301



## May Anniversaries



- 3rd Glen & Bernice Erickson #81
- 3rd Lee & Loretta Wilkie #167
- 3rd Carl & Clarys Dembowski #49
- 4th Louis & Theresa Johnson #268
- 8th Arlen & Gail Sloop #97
- 9th Dan & Marian Hargreaves #266
- 10th David & Virginia Koltonuk #69
- 11th Rick & Donna Jones #48
- 14th Harold and Phyllis Berglund #53
- 15th Guy & Jackie Gaudet #186
- 21st Bert & Ann Baragar #267
- 24th Bruce & Rosalie McNichols #133
- 27th Gene & Kathy Rusch #144
- 30th Morris & Kathleen Melander #101



## May Birthdays



- 1st Virginia Koltonuk #69
- 1st John Miller #30
- 4th Earl Degen #21
- 6th Barb Headrick #254
- 7th Bill Theisen #60
- 8th Jean Dodds #72
- 8th Sandra Dyer #75
- 10th Maureen Jones #158
- 11th Loretta Wilkie #167
- 11th Rodney Johnson, maintenance
- 14th Pam Flattum #169
- 15th Candace Gormley #48
- 15th Jeanette Behounek #170
- 17th Jackie Gaudet #186
- 18th Chuck Manos #62
- 18th Carolyn Campbell, manager
- 19th Joyce Krzystofiak #120
- 19th Mary Shaw #86
- 20th Ronnie Jans #116
- 20th David Farris #87
- 22nd Jim Anshutz #18
- 20th Sharyn Buttgerreit #194
- 22nd Connie Snyder #212
- 23rd Elena Theisen #60
- 23rd Marge Zackoski #243
- 23rd Sam Perrone #109
- 23rd Dave Ducap #62
- 24th Gail Sloop #97
- 26th Gaylord Hill #71
- 28th Beverly Newman #253
- 29th Morris Melander #101
- 31st Kathleen Melander #101
- 31st Molly Miller #30

